

## MedlinePlus Has Lots of Answers

MedlinePlus can meet the needs of many different people in various situations:

Maria's doctor has told her she has diabetes. She wants to find out more about the medications to help her manage her disease.



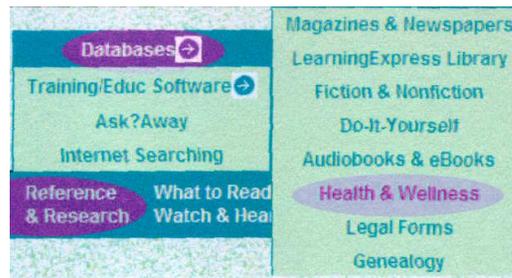
Greg hurt his knee while mountain biking. He wants to know his options including arthroscopic surgery and other treatments.

Kristi has to do a school assignment about the causes of asthma and how to treat it.



## Accessing the Database

You can access **MedlinePlus** from our library web site at [www.antigopl.org](http://www.antigopl.org) Near the top of the home page, you will see a horizontal bar with menu options. Move your mouse over **Reference & Research**, and a menu will appear. Move your mouse so that it highlights **Databases** on this menu, and a submenu will drop down. Click on **Health & Wellness+** to open a new page.



There are two databases on this page. Scroll down and click on the **MedlinePlus** icon.

This is a web-based product, and no userid, password, or barcode is required for access.

Your feedback about this product is very welcome. If you wish to share it, please send your comments or questions to:

[ctaylor@antigopl.org](mailto:ctaylor@antigopl.org)



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MedlinePlus®  
Trusted Health Information for You

Online Database



## MedlinePlus

MedlinePlus is a web site that offers free, high quality health information in English, en español, and more than 40 other languages. Trained professionals choose materials that are current, accurate, and reliable. Preformulated MEDLINE searches are included in MedlinePlus and give easy access to medical journal articles. MedlinePlus also has extensive information about drugs, an illustrated medical encyclopedia, interactive patient tutorials, and the latest health news.

The highlights include:

- Find information on diseases, health conditions and staying well.
- Learn more about your prescription, over-the-counter medicines, herbs & supplements.
- Read the latest news about research that affects your health.
- Use interactive tutorials that tell you about a health condition or a medical test.

## Health Topics

Get information about diseases, health conditions, and staying well.

- Find out what a disease does to your body and how to treat it.
- Learn about clinical studies that you can join to help find a cure.
- Locate organizations that sponsor support groups and information about a particular disease or condition.
- Find health information in more than 40 languages on many health topics.

## Drugs and Supplements

Find out about your prescription, over-the-counter medicines, herbs and supplements.

- Learn how to take a drug and what it does to your body.
- Find out about the side effects of a drug.
- Find information about the safety and effectiveness of herbs and supplements.

## News

Read the latest news about research that affects your health.

- Covers many health topics like cancer, high blood pressure, and vitamins.
- New articles are added every day, and stories are available for up to 90 days.

## Special Features

**Interactive Tutorials** are slideshows that tell you about a health condition or medical test.

**Easy-to-Read** pages use plain language to help you understand

diseases and conditions.

**Email Announcement Lists** alert you when new topics are added to the web site.

## Medical Encyclopedia

The encyclopedia has pictures and diagrams to help you understand medical words, tests, and procedures. It's perfect for homework assignments as well!

## Use What You Learn

Everyone can use good health information. With MedlinePlus, you can:

- Help a friend or family member make a health decision
- Learn more about treatment options for many health condition.
- Know what questions to ask your doctor
- Find doctors, dentists, and hospitals in your area

The screenshot shows the MedlinePlus website interface. At the top, there's a header with the MedlinePlus logo and tagline 'Trusted Health Information for You', along with the text 'A service of the U.S. NATIONAL LIBRARY OF MEDICINE and the NATIONAL INSTITUTES OF HEALTH'. Below the header is a search bar and a navigation menu with links for 'Search MedlinePlus', 'About MedlinePlus', 'Site Map', 'FAQs', 'Contact Us', and 'español'. The main content area is divided into several sections:
 

- Health Topics**: Start here with 800 topics on conditions, diseases and wellness.
- Drugs & Supplements**: About your prescription and over-the-counter medicines, herbs and supplements.
- Medical Encyclopedia**: Includes pictures and diagrams.
- Dictionary**: Spellings and definitions of medical words.
- News**: Current health news and press announcements.
- Directories**: Find doctors, dentists and hospitals.
- Go Local**: A service for finding local resources for health-related issues.
- Other Resources**: Local health services, libraries, organizations, international sites and more.
- Multiple Languages**: Health information in over 40 languages.
- Current Health News**:
  - Mediterranean Diet May Be Best for Type 2 Diabetes
  - For Heart Health, Avoid Tobacco, Smoke, Pollution
  - Take the Next Step after an ADHD Diagnosis
  - More news
- Featured Site**: NIH SeniorHealth (Health information for older adults) and Surgery Videos (Videos of surgical procedures).
- Interactive Tutorials**: Over 165 slideshows with sound and pictures.
- ClinicalTrials.gov**: Studies for new drugs and treatments.
- NIH SeniorHealth**: Health information for older adults.
- Surgery Videos**: Videos of surgical procedures.
- In the Spotlight**: A section featuring a penguin mascot and the text 'medlineplus4you'.
- What's New**: A sidebar with links for 'What's New', 'Director's Comments', 'NIH MedlinePlus Magazine', and 'E-mail Updates and RSS'.